



# BIOGRAPHY

UNITED STATES AIR FORCE

## **ALLEN WILLOUGHBY** **CHIEF ATHLETIC TRAINING SERVICES** **USAF ACADEMY PREPARATORY SCHOOL**

Allen Willoughby is currently serving as the Sports Medicine Director, Chief Athletic Training, United States Air Force Academy Preparatory School, United States Air Force Academy, Colorado. Allen is entering his 22<sup>nd</sup> year as Sports Medicine Director/Head Athletic Trainer. Allen started his military career in 1983 as he enlisted in the USAF and served 24 years before retiring in 2007 as a SMSgt, during his military career he was NCOIC of Med/Surg unit, NCOIC Ortho/Neuro Unit and NCOIC Aeromedical Staging Facility Keesler Medical Center, Keesler AFB, MS. Allen also was Superintendent, Aeromedical/Flight Medicine/Physical Exams at Peterson AFB, CO. Allen graduated from University of Southern Mississippi with his Bachelors of Science in Sports Medicine (Athletic Training) and Masters in Sports Administration in 1996, while working on his Masters Allen was a GA at University of Southern Mississippi working with Football and Women's Basketball Teams, after graduating Allen worked for HealthSouth outreach in Biloxi Mississippi covering high school sports and clinical rehabs. In 1997 Allen PCS'd to Colorado Springs with his wife and he worked with Mitchell High School, working with all sports at the high school level. In 1998 Allen was hired as Head Athletic Trainer at USAFA Preparatory School where he was the first athletic trainer hired in the history of the Preparatory School. Allen oversees the athletic training program, strength and condition program and nutrition at USAFA Prep School, Allen also is the budget officer for the Sports Medicine Dept where he oversees a 50K athletic training budget and is responsible for 750K+ athletic training eq .

Allen is past President of AFATS and is currently the Treasurer of AFATS.

Allen is a member of Colorado Athletic Trainers' Association, Rocky Mountain Athletic Trainers' Association, National Athletic Trainers' Association and Armed Forces Athletic Trainers' Society

Allen is married to Lisa Willoughby who is a retired SMSGT USAF and a current Math Instructor at United States Air Force Academy Preparatory School and they live in Peyton, CO with their dog, Zeus.